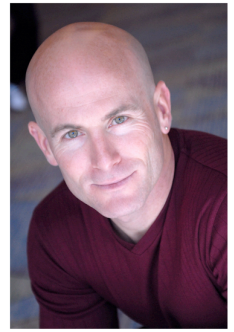




DAVID KOONS

PROTECT&DEFEND

PROTECT YOUR FAMILY | DEFEND YOUR LIFE



Interview Questions

For Topics:

1. Self Defense Strategies for On-Campus and Off

- What are the biggest risks of crime on campus?
- Are crimes on campus increasing or decreasing?
- Are you referring to just college campus or corporate as well?
- What should a co-ed / employee do in preparation?
- What if you just take a self-defense class, are you covered?
- Are there any critical factors to consider?
- What about Mace or Pepper Spray? Effective? How about a gun?
- What are these perpetrators looking for anyway?
- Can you share some strategies with our viewers?

2. Developing A Warrior Mindset For Any Situation

- What is a Warrior Mindset?
- Why is it important to a person's defense?
- You mention targets and victims, are they the same?
- What are the attitude differences of a victim versus warrior?
- Is self-confidence important?
- Is this just "fight or flight?" where the warrior battles to the end?
- Other than positive affirmations, what other ways could we prepare?
- What advice would you give our viewers?

3. Bullying Awareness and Prevention

- What is bullying exactly?
- How do I know if I or my child (or even co-worker) is bullying?
- Is it prevalent in our society?
- What are some of the myths (i.e. sticks and stones may...)
- Is conventional wisdom to "suck it up" okay?
- Is there anything you should "never" do to bullies?
- What if you think your child is a 'bully?'
- Any final advice for our viewers/listeners?

** Additional topics and questions can be furnished upon request.

To **Book David** or **request more info**, contact his office at (877) 673-0194 or contact@protectanddefendinc.com